



# PARIVARTAN

AUGUST 2025

The positively life-changing newsletter.

*“The best way to find yourself is to lose yourself in the service of others.”*

*-Mahatma Gandhi*

## Celebrating 43 Years of Empowerment



PRIDE India celebrated its 43rd Foundation Day with an inspiring program that brought to life our core values of community, resilience, and transformation.

The event featured a poignant dance performance by beneficiary girls, shedding light on child labour and the need for universal education, followed by a thematic skit on “Beti Bachao, Beti Padhao”, powerfully advocating for the rights and education of the girl child.

Three beneficiaries shared their personal journeys, highlighting how consistent support and opportunities have empowered them to overcome challenges and build brighter futures.



We were honored to felicitate **Dr. E.E. Daniel with the Mrs. Vipula Kadri Excellence Award** for his lifelong commitment to equitable public healthcare – a moment of immense pride.



Launched at the event was **“Healing with Dignity: PRIDE India's Health Journey Since 1982”**, a year-by-year chronicle of our work in rural healthcare – from early grassroots sessions to today's SPARSH Hospital and Mobile Medical Units. The booklet is a tribute to our founder, Late Mrs. Vipula Kadri, and her vision of accessible, dignified healthcare for all.



*The day reflected on our journey and reaffirmed our commitment to holistic rural development. We thank all who have supported us through these 43 years – especially our President and Board Members – for their continued guidance.*

# SPARSH Rural Hospital Wins Two Prestigious State-Level Awards



## 🏆 1st Prize - Kayakalp Award

Awarded Rs 15 lakhs for Excellence in Cleanliness, Hygiene, and Infection Control

Score: 99.86 / 100

## 🌱 1st Prize - Eco-Friendly Practices Category

Awarded Rs 5 Lakhs for Outstanding Environmental Initiatives

Score: 99.52 / 100

## Dignified Labour, Happy Mother, Healthy Baby!

In 2014, PRIDE INDIA–SPARSH Rural Hospital launched the Vipula Postnatal Ward to address critical gaps in maternal and neonatal care across 450 villages—offering completely free, dignified, and comprehensive services.

### Key Services:

- ~1,500 **safe deliveries** yearly, including high-risk C-sections
- **24\*7 skilled care**, advanced labour rooms, OTs, and newborn stabilization
- **Free pick-up & drop**, postnatal meals, newborn vaccinations
- Structured follow-ups, **mMitra voice support**, and family planning services

**SPARSH is setting a new benchmark in rural maternal healthcare.**



## Expanding Cancer Care in Navi Mumbai



*An initiative by NMMC, supported by Aditya Birla Capital Foundation and implemented by The PRIDE India*

**To address the growing cancer burden in Navi Mumbai, a comprehensive cancer care program was launched at Meenatai Thackeray General Hospital, Nerul.**

### **Key highlights:**

- 10-bed Chemotherapy Daycare Center established for local, timely treatment
- Cancer OPD offering diagnosis, consultations, and counseling
- Screening services at 25 Urban Health Centers (UHCs) to enable early detection
- Cancer Registry to support better treatment planning and research

**This initiative has made cancer care more accessible, reduced late-stage diagnoses, and lessened the emotional and financial strain on patients.**



# Health with Honour: Upgrading Care for Mumbai's Police Force

*An HDFC Bank Parivartan CSR initiative, implemented by The PRIDE India*

To support the health of Mumbai's police personnel, **Project Health Shield** upgraded four key police dispensaries—**Santacruz, Marol, Dadar, and the Commissioner's Office**—with advanced diagnostic tools, renovated facilities, and essential infrastructure.

Now serving **14,000+ beneficiaries annually**, these centers offer timely detection and care for conditions like hypertension, diabetes, and heart disease.

The next phase aims to transform eight more dispensaries—continuing the mission to protect those who protect us.



## Case Story Santacruz Police Dispensary

**Dr. Ranmale leads with care and commitment at the newly upgraded Santacruz Police Dispensary —delivering healthcare with dignity and precision.**

Empowering our frontline protectors through quality frontline care.

For years, the Santacruz Police Dispensary operated under constraints—limited infrastructure, outdated equipment, and growing needs. These challenges often forced police personnel, the very guardians of our city, to seek care elsewhere.

Today, thanks to HDFC Bank Parivartan’s CSR initiative Project Health Shield, implemented by The PRIDE India, this facility has transformed.

***“We’ve reduced our dependency on external facilities and improved care dramatically,”***

Dr. Ranmale, Medical Officer, Santacruz Police Dispensary



## Case Story Growing Self-Reliance Shaila Sutar’s Inspiring Journey

Ms. Shaila Nana Sutar from Kolose village, a member of a women's self-help group, transformed her family's livelihood through support from The PRIDE India and Mahanagar Gas Limited under the Ideal Village Project.

With training and seeds provided through the initiative, Shaila started a kitchen garden that now yields fresh vegetables for home use and sale. Encouraged by its success, the family expanded their efforts with second cropping, earning ₹5,000 from cowpea and moong, and adopted vermicomposting for organic farming.

This shift not only reduced their food expenses but also improved their nutrition and income. Shaila's journey reflects the power of guidance, sustainable practices, and hard work — making her a beacon of rural self-reliance and women's empowerment.



## Water: The First Drop of Change in Shrivardhan

In the silent valleys of Shrivardhan, a quiet transformation is underway. Under the Shashwat Gram initiative, with the steadfast support of Mahanagar Gas Limited, four critical water conservation structures have been revived — not just to store water, but to restore life and dignity.

This effort goes beyond infrastructure. It's a story of **resilient communities reclaiming their bond with nature**, ensuring that water scarcity no longer decides a child's education or a farmer's fate.

This season alone, these structures will conserve over **1.6 crore litres of water**, bringing lasting impact to fields, families, and futures.

**Shashwat Gram** is more than a project — it's a movement to rebuild rural India with hope, balance, and self-respect. And water is just the beginning.



## Smart School Transformation in Navi Mumbai

With the support of HDFC Bank Parivartan, PRIDE India successfully transformed 10 Navi Mumbai Municipal Corporation (NMMC) schools into Smart Schools in the financial year 2024–25. These schools were equipped with smart classroom technology, modern science laboratories, enriched libraries, and essential infrastructure to create an inclusive and future-ready learning environment. The initiative also focused on health, hygiene, and mental well-being to support the holistic development of students from underserved communities.

In the current year, 5 more NMMC schools will be developed, and a strong emphasis will be placed on capacity building of teachers through professional development workshops to enhance digital learning and interactive teaching methods.